



WHAT DOES THE BIBLE SAY ABOUT ANGER?

Ephesians 4:26 "Be angry, and don't sin." Don't let the sun go down on your wrath,

Proverbs 14:29 He who is slow to anger has great understanding, But he who has a quick temper displays folly.

Colossians 3:8 but now you also put them all away: anger, wrath, malice, slander, and shameful speaking out of your mouth.

Matthew 5:22-24 But I tell you, that everyone who is angry with his brother without a cause shall be in danger of the judgment; and whoever shall say to his brother, 'Raca {"Raca" is an Aramaic insult, related to the word for "empty" and conveying the idea of empty-headedness.}!' shall be in danger of the council; and whoever shall say, 'You fool!' shall be in danger of the fire of Gehenna {Gehenna is another name for Hell that brings to mind an image of a burning garbage dump with dead bodies in it.}. "If therefore you are offering your gift at the altar, and there remember that your brother has anything against you, leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.

Romans 12:19-21 Don't seek revenge yourselves, beloved, but give place to God's wrath. For it is written, "Vengeance belongs to me; I will repay, says the Lord." Therefore "If your enemy is hungry, feed him. If he is thirsty, give him a drink. For in doing so, you will heap coals of fire on his head." Don't be overcome by evil, but overcome evil with good.

Ephesians 4:31-32 Let all bitterness, wrath, anger, outcry, and slander, be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving each other, just as God also in Christ forgave you.

Proverbs 30:33 For as the churning of milk brings forth butter, And the wringing of the nose brings forth blood; So the forcing of wrath brings forth strife."

James 1:19-20 So, then, my beloved brothers, let every man be swift to hear, slow to speak, and slow to anger; for the anger of man doesn't produce the righteousness of God.

Proverbs 15:1,18 A gentle answer turns away wrath, But a harsh word stirs up anger. A wrathful man stirs up contention, But one who is slow to anger appeases strife.

Matthew 6:14 "For if you forgive men their trespasses, your heavenly Father will also forgive you.

Proverbs 16:32 One who is slow to anger is better than the mighty; One who rules his spirit, than he who takes a city.

Hebrews 10:30 For we know him who said, "Vengeance belongs to me," says the Lord, "I will repay." Again, "The Lord will judge his people."

Proverbs 12:16 A fool shows his annoyance the same day, But one who overlooks an insult is prudent.

Psalms 37:8 Cease from anger, and forsake wrath. Don't fret, it leads only to evildoing.

Proverbs 14:16-17 A wise man fears, and shuns evil, But the fool is hotheaded and reckless. He who is quick to become angry will commit folly, And a crafty man is hated.

Proverbs 29:22 An angry man stirs up strife, And a wrathful man abounds in sin.

Ecclesiastes 7:9 Don't be hasty in your spirit to be angry, for anger rests in the bosom of fools.

Colossians 3:21 Fathers, don't provoke your children, so that they won't be discouraged.

Proverbs 19:11 The discretion of a man makes him slow to anger. It is his glory to overlook an offense.

Proverbs 21:4 A high look, and a proud heart, The lamp of the wicked, is sin.

Proverbs 29:8 Mockers stir up a city, But wise men turn away anger.